

FOOTPRINT CENTER MENU



Nutritional Information - U.S.

2,000 calories a day is used for general nutritional advice, but calorie needs vary.

Menu Items	Serving Size (ounces)	Calories	Calories Fat (grams)	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Dietary Fiber (grams)	Sugars (grams)	Proteins (grams)
FRIED RICE BOWLS												
*RA*cking Fried Rice	13.5	660.0	148.5	16.5	3.8	0.0	225.0	855.0	105.0	22.5	1.2	22.5
HIBACHI BOWLS												
Hibachi Steak	17.5	794.3	202.9	22.5	6.4	0.6	315.0	963.1	105.7	22.8	1.2	40.9
Hibachi Shrimp	17.5	775.4	164.5	19.3	4.2	0.0	319.0	1126.1	105.0	22.7	1.4	44.1
Hibachi Chicken	17.5	817.1	202.9	22.5	5.6	0.0	290.0	923.1	105.7	22.9	1.3	47.7
YAKISOBA BOWLS												
Yakisoba Steak	16.4	640.0	126.0	14.0	2.9	4.0	100.0	1580.0	95.0	8.5	10.9	43.7
Yakisoba Shrimp	16.4	635.0	89.6	11.1	<1	0.0	115.8	1776.8	95.0	8.7	11.3	33.1
Yakisoba Chicken	16.4	660.0	126.0	14.0	2.0	0.0	75.0	1540.0	95.0	8.6	11.0	34.0
HOMEMADE SAUCE												
Ginger	1.0	10.0	0.0	0.0	0.0	0.0	0.0	750.0	2.0	0.0	0.0	1.0
Yum Yum	1.0	175.0	13.7	18.7	3.0	0.0	81.7	153.3	2.0	0.003	0.5	0.0
SHAREABLES												
Edamame	8.0	265.0	97.9	11.7	1.5	0.0	0.0	581.8	22.9	11.7	4.9	24.5
MAKI SUSHI ROLLS												
California Roll	6.8	410	180	20.0	3.5	0.0	20	820	50.0	5.0	12.0	8.0
Spicy Salmon Roll	6.3	300	80	9.0	1.5	0.0	25	690	41.0	3.0	11.0	14.0
Spicy Tuna Roll	6.2	310	80	9.0	1.5	0.0	35	760	44.0	3.0	13.0	14.0
Avocado	7.5	370	180	20.0	3.0	0.0	0	420	42.0	8.0	11.0	5.0
Salmon Avocado	6.6	330	110	12	2.1	0.0	18.9	274	281	3.7	10.0	14.0
Vegetable Roll	6.5	300	60	6	1.5	0.0	0.0	690	55	6.1	10.2	5.0
POKE BOWLS												
Spicy Tuna Poke	21.7	897	215	24	3.8	0.0	56.0	2225.0	117.0	8.5	29.1	49.8
Spicy Salmon Poke	21.7	925	290	31	5.5	0.0	62.8	2235.0	117.0	8.5	29.1	39.3
SUSHI ENTRÉES												
Sakura Sushi Combo	11.0	670	244	27	4.2	0.0	80.6	1150.0	71.0	5.2	17.0	45.6
Harumi Combo	8.9	470	65	7	<1	0.0	74.0	610.0	58.0	<1	14.9	52.6
Menu Items												
BEVERAGES												
Souvenir Refillable Soda	16.0	80-90	0.0	0.0	0.0	0.0	0.0	20-38	20-23	0.0	20-22	0.0
Fountain Soda (Pepsi Products)	16.0	0.0	0.0	0.0	0.0	0.0	0.0	27.5	0.0	0.0	0.0	0.0
Bottled Pure Leaf Tea	16.0	0.0	0.0	0.0	0.0	0.0	0.0	27.5	0.0	0.0	0.0	0.0
Bottled Water (Sweet or Unsweet)	16.0	0.0	0.0	0.0	0.0	0.0	0.0	27.5	0.0	0.0	0.0	0.0
ALCOHOLIC BEVERAGES												
Premium Draft Beer	16.0	195.0	0.0	0.0	0.0	0.0	0.0	0.0	16.1	0.0	0.0	1.2
Domestic Draft Beer	16.0	130.0	0.0	0.0	0.0	0.0	0.0	16.0	3.2	0.0	0.0	1.6
Kirin Ichiban	16.0	130.0	0.0	0.0	0.0	0.0	0.0	16.0	3.2	0.0	0.0	1.6
Benihana Private Label Sake	6.0	170.0	0.0	0.0	0.0	0.0	0.0	0.0	7.2	0.0	7.2	0.0

PHOENIX SUNS ARENA - EVENTS ONLY

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